



CAPSTONE HEALTHCARE
— HUGHES SPRINGS —
WELLNESS AND REHABILITATION

SPRING



HAPPY BIRTHDAY!

James	3/11
Berniece	3/13
Peggy	3/20
Virgie	4/14
Gwendolyn	4/26
Billy	5/2
James	5/9
Ricky	5/11
Dana	5/14
Charles	5/30

THE CAPSTONE CHRONICLE

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A LETTER FROM THE ADMINISTRATOR

Spring has Sprung and we have lots to offer from March Madness fun, Easter egg hunts in April to celebrating our nurses in May. We look forward to growth and are excited about what the season will bring. The seeds of opportunity are springing new life into our building; including some exciting renovations.

As a part of our Hughes Springs community, we thrive on working with small businesses and supporting our local library. Getting our residents out and participating at the library through arts and crafts is such a fun experience for all.

We also welcome volunteers for many of our events and encourage families to visit. Please reach out to us at 903-639-2561 and ask our Director of Life Enrichment for opportunities. As always, we appreciate the privilege of taking care of your loved ones.

Sincerely,

Christine Donald, LNFA - Administrator

SUCCESS STORY: DAVID

David came to us facing several serious medical challenges. Through consistent hard work and determination, he persevered through both progress and setbacks. Over the course of three months he got stronger and gained independence, focusing on dressing independently, transferring in and out of bed, walking, and safely maneuvering his wheelchair. He also regained the strength to tolerate chewable foods instead of modified textures. David overcame every obstacle and was able to return home to his family on Christmas Eve.



LOOK BACK ON THE FUN: DECEMBER



Pewitt High School band from Naples

Hot Cocoa Bar



Residents Christmas Party

MORE FROM LOOK BACK ON THE FUN: DECEMBER



Staff Holiday Party

EMPLOYEE OF THE MONTH: BROOKLYN BLACK, CNA

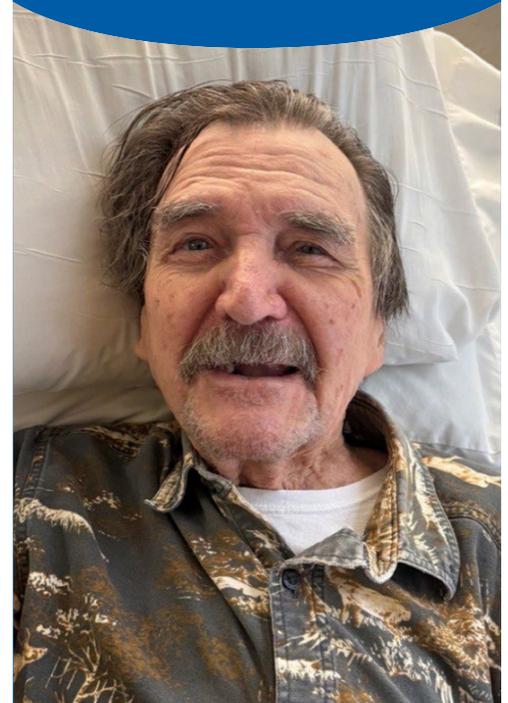


Our residents have proudly selected Brooklyn as Employee of the Month! She consistently goes above and beyond, even working long hours during our recent wintery weather to ensure our residents receive the care they deserve. Brooklyn is a true team player and brings an infectious smile to both coworkers and residents alike. Her positive attitude and strong work ethic make her an invaluable part of our team. As Brooklyn proves every day, **dynamite really does come in small packages**—and we are so grateful to have her with us.

RESIDENT SPOTLIGHT: BILLY

Hobbies: Hunting, Fishing, Bow-and-arrow. Speaks 4 languages. Ladies' man and loves the outdoors.

Billy grew up with a deep love for the outdoors. From fishing and hunting to mastering the bow and arrow, he was always happiest outside. Along the way, he also developed an impressive talent for languages and now speaks four fluently. Adventurous, curious, and always on the move, Billy pairs his outdoor spirit with natural charm—making him well known as quite the ladies' man. We're proud of the many talents and interests that make Billy who he is today.



LOOK BACK ON THE FUN: JANUARY



January Rubber Duck games

Director of Life Enrichment celebration



UPCOMING EVENTS AND ACTIVITIES

In March: St Patrick's Day Party 17th , Crafts and Hughes Springs Library, March 6 staff appreciation

In April: Easter Egg Hunt, Egg decorating contest, Flower Planting

In May: Mothers Day Tea, Nursing Home Week, Nurses Week.

