



The Montello News

CARE CENTER

MAY
2024

Skilled Nursing • Inpatient/Outpatient Rehab Therapy • Assisted Living

National Skilled Nursing Care Week

The 2024 theme for National Skilled Nursing Care Week (NSNCW), **Radiant Memories – A Tribute to the Golden Age of Radio**, is inspired by music, stories, and news that captivated audiences over the airwaves. *Radiant Memories* is more than just a nod to nostalgia; it serves to honor the lasting impact of skilled nursing care centers. Places where both residents and staff play a significant role in crafting long-lasting memories together.

Now and through May 12-18, 2024, families, residents,

and staff are encouraged to collaborate and participate in activities that inspire “radiant memories” such as sharing travel adventures, childhood moments, and memorable milestones reminiscent of the radio broadcasts of times past.

Get creative! Write a short radio program and act it out with family and friends. **Plan some fun events** like listening to old radio broadcasts online with loved ones, hosting intergenerational trivia

night, or playing radio-themed bingo. **Make radiant memories** and celebrate together by attending outings, activities, and meals with loved ones.

Established by the American Health Care Association (AHCA) in 1967, NSNCW, formerly known as National Nursing Home Week recognizes the role of skilled nursing care centers in caring for America’s seniors and individuals with disabilities.



Montello

CARE CENTER

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As a non-profit 501c3 community, we thank you for supporting our mission of service to seniors through tax-deductible donations of cash or useful items. Please call our office.



Wisconsin Illinois
SENIOR HOUSING INC.

MontelloCareCenter.org

WE ACCEPT CREDIT CARDS

During National Nurses Week, May 6 – 12, our community staff extends a heartfelt appreciation to our nurses, who tirelessly dedicate themselves to provide healing and care to our residents.



Thank You Nurses!

Spring Flowers Word Scramble

Rearrange the letters below to make the flowers bloom.

RTEAS

NCOINATRA

CRCOSU

DDFOALFI

IYADS

EUMARING

UICSBШИ

NGHAYDREA

SRII

ILLY

RDGMAIOL

ENYOP

REOS

ELUFOWSRN

ITPUL

Answers: Aster, Carnation, Crocus, Daffodil, Daisy, Geranium, Hibiscus, Hydrangea, Iris, Lily, Marigold, Peony, Rose, Sunflower, Tulip

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While **Cinco de Mayo** initially observed the **Battle of Puebla** and Mexican heritage, it is now a **global secular celebration of Mexican culture**. This vibrant holiday is honored with parades, mariachi music, folklore tales, and sombreros. Decorations are often showcased in the colors of the Mexican flag (red, white, and green). Festivities may also include enjoying tasty tacos, enchiladas, margaritas, nachos, guacamole, and more!

Community events during Cinco de Mayo often feature educational workshops and art exhibitions, teaching Mexican culture and history. Celebrations extend beyond Mexican communities, with people of all backgrounds coming together to enjoy the cultural appreciation, unity, and festive time with friends and family.

Here are some fun ways to celebrate this year:

Craft Decorations: Craft papel picado (paper banners) to embellish personal or community spaces.

Enjoy Mexican Cuisine: Prepare a taco bar where everyone can customize their delicious meal.

Cultural Trivia Game: Engage seniors with a trivia game about Mexican culture, history, and traditions.

Music and Dance: Play traditional Mexican music and encourage residents to dance and enjoy the lively tunes together.

Movie Screening: Watch a film or documentary that highlights Mexican heritage, followed by a discussion to enhance residents' and families' understanding of Cinco de Mayo.

